

Better by...



Free bike surgery at Slough Aspire/Bath Road Central!

Drop in for a FREE bike health check and get FREE information about cycling to work

A free service organised by Slough Borough Council, working with Stows Cycles and Cycle Experience, these surgeries are held on the first Wednesday of each month and are open to all



Lunchtime sessions

Bath Road Central

Event Plaza, 252 Bath Road, Slough SL1 4EE, 12-2pm

- Wednesday 7 March
- Wednesday 2 May
- Wednesday 4 July
- Wednesday 5 September
- Wednesday 7 November

Evening sessions

Slough Aspire

Slough Aspire, 350 Edinburgh Avenue, Slough SL1 4TU 4-6pm

- Wednesday 4 April
- Wednesday 6 June
- Wednesday 1 August
- Wednesday 3 October
- Wednesday 5 December*

Cycle maintenance classes and cycle training are also available for employees. For further information please contact TFS@slough.gov.uk or visit www.slough.gov.uk/BetterBy

Save...



*these surgeries will take place 5-6pm

Can't make a session?

Slough Trading Estate Discount Card holders can get a **FREE basic service** (worth £45), at a time convenient to you, at either Stows Cycles in the Slough town centre or Cycle Experience on the trading estate. The service is fully funded by Slough Borough Council and includes the basic service only. Appointments must be booked in advance.

Contact details:

- **Stows Cycles**
01753 520528
cycles@stows.co.uk
- **Cycle Experience**
01753 570412
ianp@cycleexperience.com

Sign up for your STE Discount Card here:
www.segro.com/slough/discount-card

Cycle Maintenance Classes and Training

Sign up to after work sessions (throughout the Spring and Summer 2018) to learn how to maintain your bike or how to cycle with more confidence on the roads. Sessions are subsidised by Slough Borough Council, subject to a £5 booking fee per person per session.

How to get to Slough Aspire and Bath Road Central

A map showing all the cycle routes in Slough is available at: www.slough.gov.uk/parking-travel-and-roads/cycling-in-slough.aspx

There are a range of on and off-road routes to the area. Cycle hire is also available from Slough & Burnham train stations and other locations throughout the borough, as well as a secure cycle hub at Slough train station.

